

# HOSPITAL BAG CHECKLIST

## T1D STYLE!

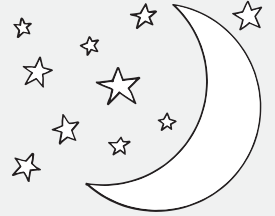
### For Labor & Delivery

- Birth Plan
- Pre-Registration Papers
- Birth Affirmation Print Outs
- Labor Gown
- No Skid Socks
- Flip Flops
- Lip Balm
- Electrolyte Powder



### After Delivery

- Nightgown
- Towel
- Travel Size Soap
- Toothbrush & Paste
- HUGE Organic Pads
- Happy Privates Spray
- Bed Sheets & Pillow Case
- Hairbrush, Ties, & Makeup
- Easy slip on maternity dress
- Snacks
- Extension cord
- Diabetes Supplies & Medication
- Print Out of Postpartum Insulin Plan



### For Baby

- Diapers & Wipes
- Infant Socks
- Blanket/Muslin
- Infant Hat
- Onesie

### Last Minute

- Wallet (with ID and Insurance card)
- Diabetes Bag
- Fresh Snacks
- Cell Phone & Charger

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